

Unit 4 – Are You Sitting Comfortably?

VOCABULARY

Parts of the body

head	leg
ear	foot
eye	heel
mouth	toe
nose	ankle
cheek	knee
chin	
neck	shoulder
	arm
stomach	elbow
back	hand
chest	finger
hip	palm
	thumb
	wrist

Verbs

turn	stretch
touch	bend
raise	lower

Adverb position

Slowly bend your head to the left.

Bend your head **slowly** to the left.

Bend your head to the left **slowly**.

Body problems

I have a **pain** in my back.

My head **aches**.

My knee **hurts**.

I have **hurt** my elbow.

My fingers are **sore**.

I've got a **sore** neck.

GRAMMAR

Modal verbs

Modal verbs do not change their form. They are the same form for every person:

I can, you can, he may, she may, it might, we should, they shouldn't, etc.

Modal verbs are followed by infinitive without *to*:

He **can** speak Chinese and Korean.

Could you open the door, please?

Sorry, but I think I **might** arrive late tomorrow.

You **should** see the doctor.

You **shouldn't** go to work today.

Functions:

Giving advice:

You **should** always keep your wrists straight and flat.

Talking about possibility:

You **could** be experiencing the first symptoms.

This **might** be the cause.

This **might not** be good for her.

NOT: This ~~could not~~ be good for her. (We don't use *could* to express possibility in negative sentences.)

We also use *can* to talk about possibility.

Using the mouse **can** cause problems.

Making a request:

Could you give me some advice?

Talking about ability:

You **can** also find lots of books and Web sites with information about this.

USEFUL PHRASES

At the doctor's

symptoms

a temperature

the flu

a diagnosis

a prescription

Doctor:

What can I do for you?

How long have you felt like this?

Have you been taking any medicine?

Do you do regular exercise?

You might have the flu.

Try to find time to relax.

Go to bed early.

I'll give you a prescription for something to help you sleep.

Patient:

I don't feel very well.

I feel tired.

My legs and back ache.

I've got a bit of a temperature.

Do you think I might have the flu?

What do you think I should do?